SCOPE AND SEQUENCE – YEAR 10 PASS

**Term 1**
Theory - Promoting active lifestyles and Australia’s sporting identity
- Settings and opportunities for physical activity
- Individual and group roles and responsibilities for promoting physical activity
- The role of sport in shaping Australia’s identity
- The impact of major events and competitions
- Factors influencing Australia’s sporting identity
- Future perspectives on sport in Australia
Practical - summer sports Volleyball and cricket

**Term 2**
Theory - Coaching
- The qualities of effective coaching
- Coaching roles and responsibilities
- Ethical coaching
- Coaching opportunities and qualifications
  Structuring the session
- Long term planning in coaching
Practical - students coaching games

**Term 3**
Theory - Technology, participation and performance
- Rules and etiquette
- The contribution of technology to participation and performance
- The ethical implications of technology
- The evaluation and management of technology
Practical - winter sports - Oz tag, Touch and Soccer

**Term 4**
Theory - Sport for specific groups and opportunities and pathways in physical activity and sport
- Nature of physical activities
- Factors influencing physical activity choices
- Voluntary and community opportunities in physical activity
- Opportunities in the physical activity and recreation industry
- Opportunities in the sports industry
- Leadership and career planning in physical activity and sport
Practical - fitness focus