

Year 8 OVERVIEW PDHPE PROGRAM 2015

8.S 8.G	P	DANCE	CROSS COUNTRY AND FITNESS	ATHLETICS	GYMNASTICS	STRIKING/FIELDING	STRIKING/FIELDING	INVASION	TARGET
		FUNDAMENTAL SKILLS		ATHLETICS	GYMNASTICS	COURT/NET	COURT/NET	TARGET	INVASION
8A 8R	E	DANCE	CROSS COUNTRY AND FITNESS	ATHLETICS	GYMNASTICS	STRIKING/FIELDING	STRIKING/FIELDING	INVASION	TARGET
		FUNDAMENTAL SKILLS		ATHLETICS	GYMNASTICS	COURT/NET	COURT/NET	TARGET	INVASION
PDH		FIT, FIRM, FABULOUS		POSITIVE POWER PEOPLE		FOOD FOR THOUGHT		RISKY BUSINESS	